

"All work and no rest"

Genesis 2:2, 3: *"By the seventh day God had finished the work He had been doing; so on the seventh day He rested from all His work. And God blessed the seventh day and made it holy, because on it He rested from all the work of creating He had done."*

God did not rest because He was tired or exhausted but because He had finished creating a perfect creation given to man to protect and care for. God sat back and rested, was at peace, and looked at all He had accomplished. The angels of Heaven rejoiced at the glory they saw in creation. To God this was not work but an act of love for you and I. God made this seventh day a day of rest for us.

We cannot continue to work for seven days twenty four hours a day without taking some time off to kick back and relax, unwind from our tasks in life. God knew that we needed this downtime. We, like God, need to take this time and behold all the beautiful things around us. To look at creation and thank God for a great job He performed for us. We take our focus off of our problems and off the world and meditate on God's working in our lives. We need this day to celebrate God; to worship Him and to praise Him.

We celebrate our day of rest on Sunday for that is the day that Jesus was raised by God, a celebration of eternal life for all who believe. We should on this and every Sabbath day remember His resurrection power and all that this means to us as Christians. What better way to do that than to celebrate it with others at church. Jesus said "come unto me all who are heavy laden and I will give you rest". Enjoy the Sabbath rest. Remember God.

Have a great celebration in September. Remember too that it was God who provided this day for you. Labor day was in God's mind a long time before it was recognized by us...

~Pastor Steve